

# Co-op Academy Parkland

## WEEK 1

W/C  
8th Apr, 29th Apr,  
20th May, 10th June,  
1st July, 22nd July

# MENU

For full allergen & nutritional information head to

<https://schoolmeals.bradford.gov.uk>



the **food quarter**

## Choose from...

MON

- Sausage & Bean Pasta Bake
- Vegetarian Chilli & Nachos
- Assorted Wraps
- Assorted Sandwiches
- Jacket Potato with Cheese & Tuna



- Crusty Bread
- Assorted Individual Salads, Seasonal Vegetables

## Desserts...

- Chocolate Mousse
- Freshly Prepared Fruit

## Choose from...

TUE

- Chicken Pie
- Vegetable Pasty
- Assorted Wraps
- Assorted Sandwiches
- Spaghetti Marinara

- New Potatoes
- Seasonal Vegetables

## Desserts...

- Syrup Sponge
- Freshly Prepared Fruit

## Choose from...

WED

- Roast of the Day
- Soya Pasta Bolognese
- Assorted Wraps
- Assorted Sandwiches
- Cheddar & Mozzarella Hot Baguette

- Roast Potatoes, Yorkshire Pudding
- Seasonal Vegetables

## Desserts...

- Volcano Buns
- Freshly Prepared Fruit

## Choose from...

THUR

- Cheese & Tomato Pizza
- Loaded Vegetable Pizza
- Assorted Wraps
- Assorted Sandwiches
- Jacket Potato with Cheese & Baked Beans

- Jacket Potato Wedges
- Baked Beans, Seasonal Vegetables

## Desserts...

- Chocolate Sponge
- Freshly Prepared Fruit

## Choose from...

FRI

- Fish Fingers
- Veg Dippers
- Assorted Wraps
- Assorted Sandwiches
- Tuna Pasta Bake

- Chips
- Seasonal Vegetables

## Desserts...

- Butterfly Buns
- Freshly Prepared Fruit

Suitable for...



VEGAN



VEGETARIAN



HALAL



ASSURED  
FOOD STANDARDS

FM  
CATERING  
SERVICES



# Co-op Academy Parkland

## WEEK 2

W/C  
15th Apr, 6th May,  
27th May, 17th June,  
8th July

# MENU

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the **food** quarter

## Choose from...

MON

- Pork Meatballs served on Garlic Bread
- Vegetables Cheese Burger
- Assorted Wraps
- Assorted Sandwiches
- Tuna Melt Hot Baguette



- Tomato Pasta Salad, Baked Tortilla Chips
- Seasonal Vegetables, Assorted Individual Salads

## Desserts...

- Flapjack
- Freshly Prepared Fruit

## Choose from...

TUE

- Chicken Fried Rice & Curry Sauce
- Quorn Sausage in a Bun
- Assorted Wraps
- Assorted Sandwiches
- Singapore Vegetable Noodles

- Diced Potatoes
- Seasonal Vegetables, Assorted Individual Salads

## Desserts...

- Paris Sandwich
- Freshly Prepared Fruit

## Choose from...

WED

- Savoury Mince in Yorkshire Pudding
- Cheese Rolls
- Assorted Wraps
- Assorted Sandwiches
- Cheese & Tomato Hot Baguette

- Roast Potatoes, Yorkshire Pudding
- Seasonal Vegetables

## Desserts...

- Individual Ice Cream Tub
- Freshly Prepared Fruit

## Choose from...

THUR

- Cheese & Tomato Pizza
- Cheese & Tomato Pizza with BBQ drizzle
- Assorted Wraps
- Assorted Sandwiches
- Jacket Potato with Cheese & Baked Beans

- Jacket Potato Wedges
- Baked Beans, Assorted Individual Salads

## Desserts...

- Marble Sponge
- Freshly Prepared Fruit

## Choose from...

FRI

- Battered Fillet of Fish
- Salmon Fishcakes
- Vegetable Pakoras
- Assorted Wraps
- Assorted Sandwiches
- Ariabiata Pasta

- Chips
- Seasonal Vegetables, Assorted Individual Salads

## Desserts...

- Oat Cookie
- Freshly Prepared Fruit

Suitable for...



VEGAN



VEGETARIAN



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# Co-op Academy Parkland

## WEEK 3

W/C  
22nd Apr, 13th May,  
3rd June, 24th June,  
15th July

# MENU

For full allergen & nutritional information head to

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the **food** quarter

## Choose from...

MON

- Pasta Bolognese
- Cheese Pasta Bake
- Assorted Wraps
- Assorted Sandwiches
- Jacket Potato with Cheese & Tuna



- Garlic Bread
- Assorted Individual Salads, Sweetcorn

## Desserts...

- Lemon Volcano Bun
- Freshly Prepared Fruit

## Choose from...

TUE

- Mexican Chicken Flatbread
- Savoury Roll
- Assorted Wraps
- Assorted Sandwiches
- Italian Tomato Pasta

- Diced Potatoes
- Assorted Individual Salads, Coleslaw

## Desserts...

- Jam Sponge
- Freshly Prepared Fruit

## Choose from...

WED

- Roast of the Day
- Quorn Toad in the Hole
- Assorted Wraps
- Assorted Sandwiches
- Cheese & Tomato Hot Baguette

- Roast Potatoes, Yorkshire Pudding
- Seasonal Vegetables

## Desserts...

- Cornflake Tart
- Freshly Prepared Fruit

## Choose from...

THUR

- Sausage in a Bun
- Cheese & Tomato Pizza
- Assorted Wraps
- Assorted Sandwiches
- Jacket Potato with Cheese & Tuna

- Jacket Potato Wedges
- Baked Beans, Coleslaw

## Desserts...

- Chocolate Sponge
- Freshly Prepared Fruit

## Choose from...

FRI

- Fish Fingers
- Mexican Burrito
- Assorted Wraps
- Assorted Sandwiches
- Jacket Potato with Cheese

- Chips, Baked Tortilla Chips
- Seasonal Vegetables, Sweetcorn

## Desserts...

- Banana Mousse
- Freshly Prepared Fruit

Suitable for...



VEGAN



VEGETARIAN



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